

REGULATIONS FOR PRACTICE NIGHT DURING COVID-19 PANDEMIC

1. Risk Assessment is always available for inspection
2. All attendees to follow latest Public Health advice – wash hands more frequently, for 20 seconds. Catch sneezes and coughs in a tissue to “catch it, bin it, kill it”
3. Hand sanitizer always available
4. Paper towels provided as alternative to hand dryers in all handwashing areas
5. Participants must dance only with their designated partner
6. Masks may be removed during dance practice period, however participants may wear a mask or face covering if they desire
7. Windows and doors will remain open for ventilation
8. Music will be played at a volume that prevents the need to shout over it
9. Dancers are responsible for their own PPE
10. Admissions will be restricted to maintain numbers permitted by government guidelines and Somerset Hall terms of use. In the first instance this will be restricted to a maximum of 12 couples, although numbers will be reviewed regularly
11. The AADC host/DJ may restrict the number of dance couples on the floor in order to maintain social distancing. Practice dances may be staggered into heats or groups
12. Dancers are expected to be cognisant and respectful of social distancing
13. The AADC host/DJ will be positioned on the stage, and participants should not approach them unnecessarily. The AADC host/DJ will be monitoring compliance with social distancing rules and any instructions they issue must be adhered to
14. A 2 metre distance between other couples should be maintained where possible
15. Dancers are requested to follow Somerset Hall entry system and follow any directional signs
16. Dancers arriving before the 8.00pm start should remain outside the main hall until the Hall is ready and whilst waiting for entry, dancers should wear a face mask or covering (excluding exempt individuals) and continue to wear it until dancing formally commences
17. Seating will be suitably spaced and dancers should not change seats. Seats will have been cleansed prior to use
18. There will be no provision of refreshments and participants should bring their own drinks and food, and take any litter home with them
19. Practice will be postponed if participants, or any of their household/social bubble display any COVID-19 symptoms or awaiting COVID-19 test results
20. Practice sessions are not a social event and members are not permitted to attend unless hosting or participating in the session
21. AADC need full contact details of dancers for the purpose of Track and Trace. Details will be retained in accordance with Track and Trace requirements and may be shared with the hire authority (North Somerset Council) and Public Health bodies as necessary
22. For the time being in order to manage numbers and to ensure financial viability, participants are requested to book and pay for 4 weeks of practice sessions in advance, and to state which dates these 4 payments cover. Payment to be made through contactless systems such as bank transfer. Registration and payment in advance is required as there will be no cash or door entry to practice nights
23. Participants should arrive wearing the clothes they intend to practice in, there should be no changing of clothes on the premises. Dance shoes can be changed into at the Hall and outdoor shoes left under your seat